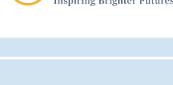




2022 Athlete Perceptions Survey

KEY FINDINGS

Designed and conducted in collaboration with:



About the Survey

- Survey Target Population: All USADA Registered Testing Pool and Clean Athlete Pool athletes across Olympic, Paralympic, and Pan American sports
- Sent to 2,918 athletes

- What: **55** questions covering **10** key topics
- When: **May 2 - June 10, 2022**

About the Survey Respondents

- 34%** response rate
- Athletes' highest level of competition achieved:
 - Olympics/Paralympics: **58%**
 - World Championships: **27%**
 - Other international competitions (e.g., Pan American Games): **13%**
 - National, State, or Regional Championship: **3%**

994 ATHLETES FROM **76** SPORTS

80% OLYMPIC
20% PARALYMPIC

56% FEMALE
44% MALE

KEY FINDINGS

1 USADA's Mission

We hold the public trust to:

- Stand with athletes to champion their right to clean sport
- Inspire true and healthy sport
- Promote the integrity of sport

92% of athletes strongly support or support USADA's mission

87% strongly agree or agree that USADA's results management and adjudication process is fair

63% report that USADA's anti-doping program is very effective or effective at deterring doping in their sport

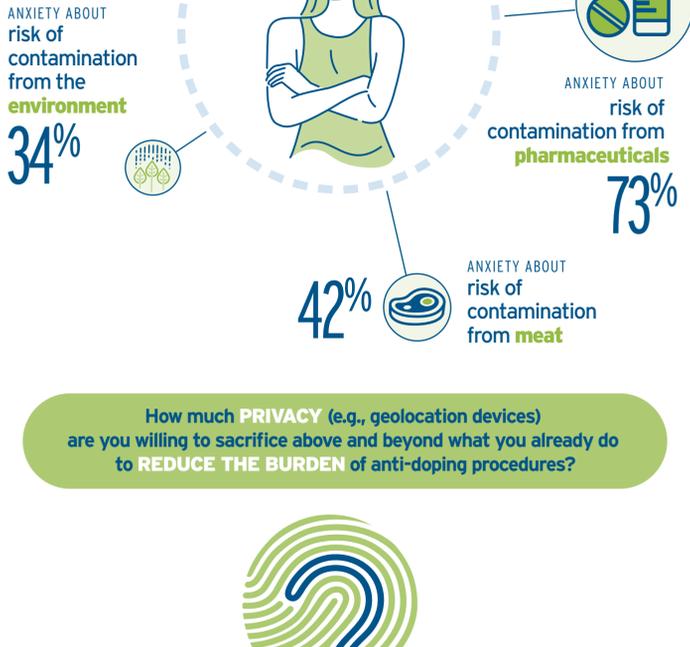
Athletes who strongly support USADA's mission are MORE LIKELY to:

- Disagree** that doping is necessary to be competitive
- Disagree** that the health risks related to doping are exaggerated
- Agree** that using PEDs is against their values
- Agree** that PEDs are addictive
- Report** that USADA's implementation of sanctions is effective at deterring doping
- Perceive** less use of doping by both U.S. and international competitors

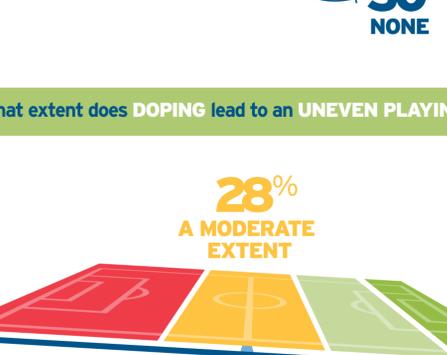
2 Athlete Well-Being

86% of athletes report anxiety around filing **Whereabouts**

Are anti-doping responsibilities and the risk of contamination causing athletes ANXIETY?



How much **PRIVACY** (e.g., geolocation devices) are you willing to sacrifice above and beyond what you already do to **REDUCE THE BURDEN** of anti-doping procedures?



To what extent does **DOPING** lead to an **UNEVEN PLAYING FIELD**?



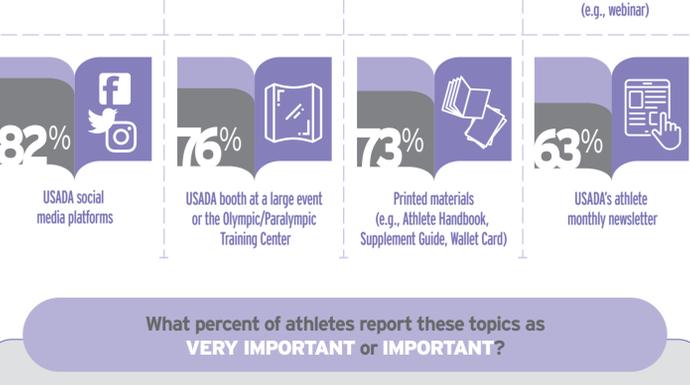
3 USADA Education

50%+ athletes reported engaging with multiple modes of education in the last two years

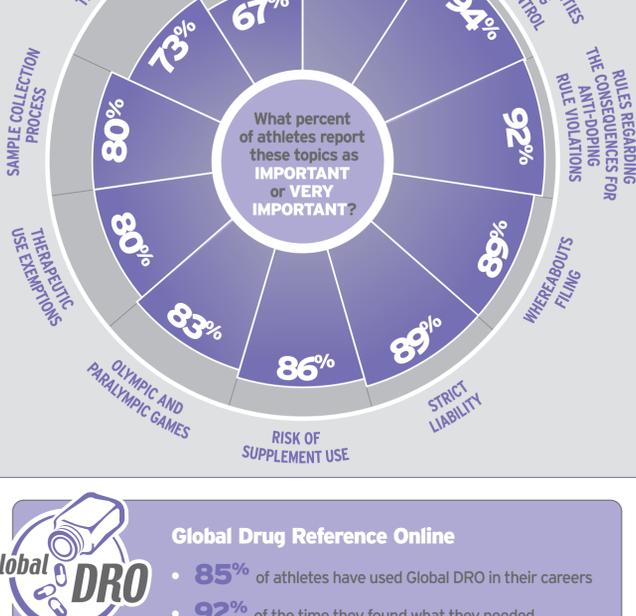
MOST COMMON: **88%** USADA.ORG **83%** E-LEARNING TUTORIAL

LEAST COMMON: **30%** SOCIAL MEDIA PLATFORMS **20%** BOOTH AT LARGE EVENT

What percent of athletes think these **MODES OF EDUCATION** are **VERY EFFECTIVE** or **EFFECTIVE**?



What percent of athletes report these topics as **VERY IMPORTANT** or **IMPORTANT**?



Global Drug Reference Online

- 85%** of athletes have used Global DRO in their careers
- 92%** of the time they found what they needed

4 Deterrents of Performance-Enhancing Drug Use

Which of the following categories would be the **MOST EFFECTIVE** in deterring **YOU** from intentional doping?



What would be **MOST EFFECTIVE** at deterring **ATHLETES IN YOUR SPORT** from intentional doping?



How **EFFECTIVE** is USADA's implementation of **SANCTIONS** in **DETTERRING DOPING**?

95% very or somewhat effective

5% doesn't work

5 Is Doping the Norm or the Exception?

Athletes are more likely to think elite athletes from **OTHER COUNTRIES** in **OTHER SPORTS** are doping vs athletes in their **OWN COUNTRY** and **OWN SPORT**.

Perception that Elite Athletes in **YOUR SPORT** are Doping:



10%

OF ATHLETES FROM THE U.S. ARE DOPING



25%

OF ATHLETES FROM OTHER COUNTRIES ARE DOPING

Perception that Elite Athletes in **OTHER SPORTS** are Doping:



21%

OF ATHLETES FROM THE U.S. ARE DOPING



32%

OF ATHLETES FROM OTHER COUNTRIES ARE DOPING

Athletes' Awareness of Doping Activities **DOMESTIC** vs. **INTERNATIONAL**

10%

of athletes report personally knowing an elite **international** athlete in their sport who is doping



Compared to

5%

personally knowing an elite athlete in their sport in the U.S.



70%

have not reported this doping information to USADA



6 Reporting Whistleblowing



64%

are familiar with USADA's Play Clean AND

68%

are familiar with WADA's whistleblower protections

5%

reported personally knowing an athlete who was **INTENTIONALLY DOPING**



35

of those 50 athletes **HAVE NOT REPORTED** the athletes to USADA



8

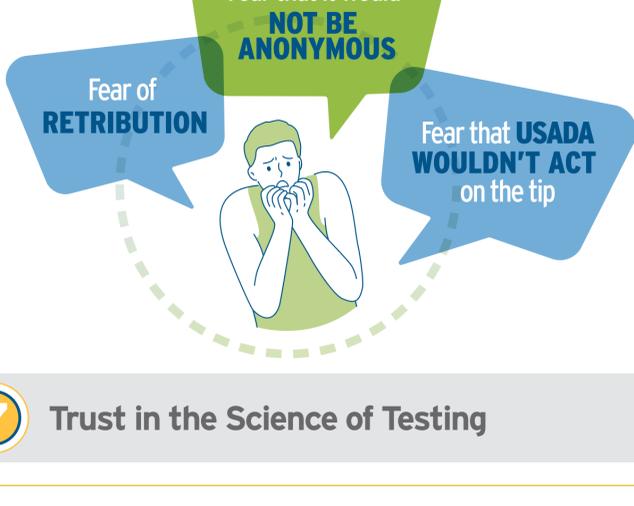
athletes indicated they have **REPORTED SOME BUT NOT ALL INFORMATION** to USADA



7

athletes indicated they have **REPORTED ALL** known athletes to USADA

What are the **TOP REASONS** athletes are NOT REPORTING?



7 Trust in the Science of Testing



I trust USADA's procedures to keep my sample safe

94% AGREE



USADA's testing equipment is tamper evident and secure

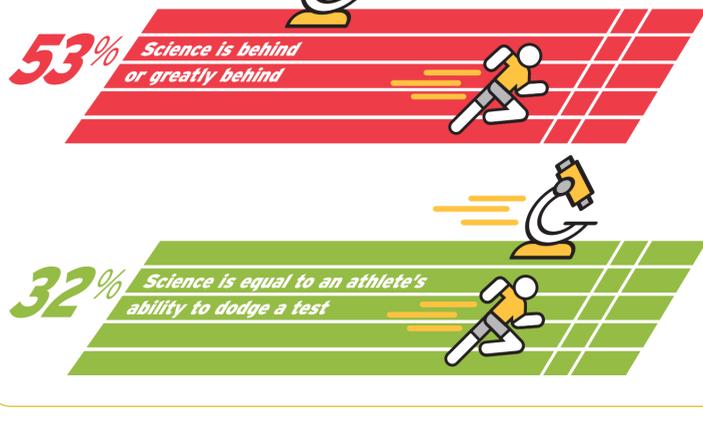
93% AGREE



I trust USADA's strategy to pick the right events and athletes to test

77% AGREE

Is the science of drug testing **AHEAD** or **BEHIND** athletes' ability to **INTENTIONALLY DODGE** a positive test?



How much do you **AGREE** or **DISAGREE** that drug testing detects **MOST PED USE** in elite sport?

68%+ **STRONGLY AGREE** or **AGREE** that drug testing detects most PED use in elite sport.

So, while over **50% BELIEVE THE SCIENCE IS BEHIND,** they also **BELIEVE THAT TESTING CAN BE SUCCESSFUL** in detection

Would you rather have a test that **IDENTIFIES EVERYONE** who is doping but results in **SOME FALSE POSITIVES** (for innocent athletes)?

OR

Would you rather have a test that **MISSES SOME PEOPLE** who are doping but **REDUCES THE RISK OF A FALSE POSITIVE** result (no innocent athletes are accused)?

78% prefer a **LESS SENSITIVE TEST**

8 U.S. vs. International Testing

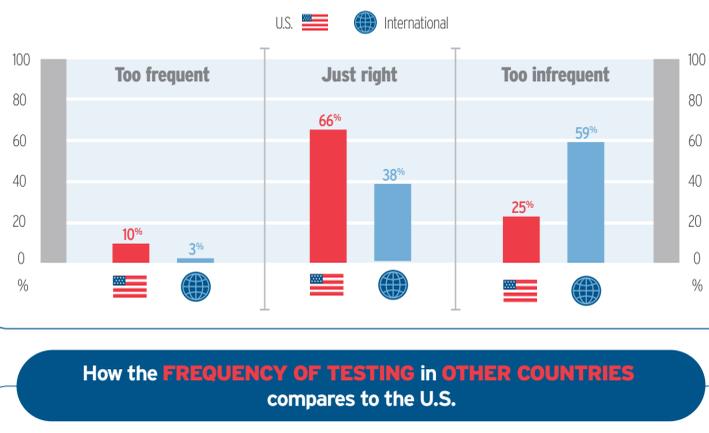


75% of athletes think the U.S. is either **better** or **the best** at ensuring clean sport

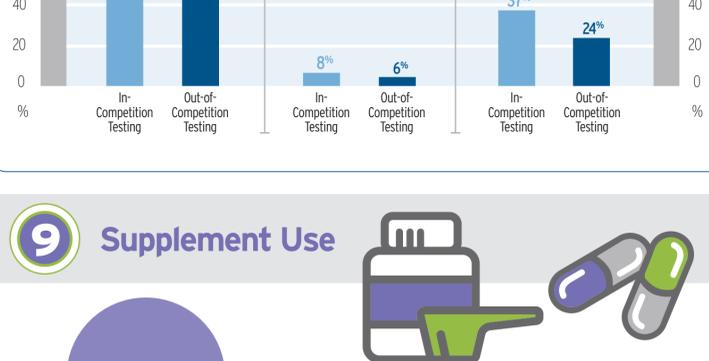
66% of athletes believe the amount of testing in the U.S. is **just right**

59% of athletes think testing of their international competitors is **too infrequent**

Perceptions regarding the **FREQUENCY OF TESTING** in **THE ATHLETE'S SPORT**



How the **FREQUENCY OF TESTING** in **OTHER COUNTRIES** compares to the U.S.



9 Supplement Use



68% of athletes use supplements and 71% believe they are necessary for optimal performance.

56%

ALWAYS CHECK NSF certification before taking a supplement



Of those who **DO NOT ALWAYS CHECK** NSF certification, **50%+**

indicated that the following at least somewhat contributed to their decision to not check:

"I didn't know I should check"

"One (or more) of my supplements does not come in an NSF certified version"

"I do not think NSF certification is important"

10 Attitudes Regarding Marijuana

Should marijuana **REMAIN PROHIBITED** IN-COMPETITION in **YOUR SPORT**?

68%

reported that it **should not**



Do you believe marijuana is **PERFORMANCE-ENHANCING** in **YOUR SPORT**?

78% **NO**



10% **YES**



in-competition only

3% **YES**



out-of-competition only

9% **YES**



both in-competition and out-of-competition